

## **John's Grimoire**

**[F., book of magical formulas];  
magician's manual**

**Music is more about responding to sounds than making them.  
Listen more and play less.  
Connect with those around you.**

**Share. Allow yourself to be vulnerable and open your mind's ear.**

**There are three aspects to every sound:  
Beginning – Duration – Ending  
Care for the duration of each note as you would a child,  
and respect the silence between sounds.**

**Think in shapes and colors.  
Affect is derived from phrasing, not rhythms and notes alone.**

**Be your own conductor and  
take ownership of the inner pulse.**

**Eagles have incredible vision and are able to see many things at once  
from a broad perspective with complete clarity. Chickens have poor  
vision and can only see what is immediately in front of them.  
Be an eagle.**

**Making music is a privilege.  
Share your joy and appreciation by visibly engaging in the now.  
Posture is audible.  
Invest yourself physically, mentally and emotionally.**